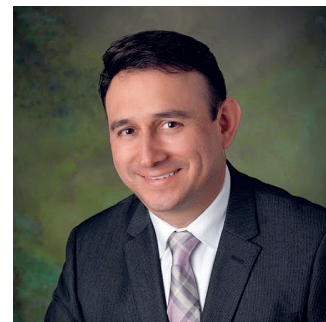


**Free Gourmet Dinner**  
Immediately following our free seminar on,  
**Stress, Hormones and Health**  
**The true cause of Belly Fat**  
*(Yes, this is for you men too)*

**Spirited International Speaker, Author & Wellness Expert,**  
***Dr. Andreas Grossgold, MD***

Dr. Grossgold, will tell you about the latest scientific breakthroughs and methods that help you permanently and safely remove unwanted belly fat while quickly reclaiming your health, your youth, and your life!



**Wednesday Oct. 14th at 7pm**

**GRATZZI ITALIAN GRILLE**

**211 2nd Street South • St. Petersburg, FL 33701**

- ✓ Learn how Hormone Imbalances —man or woman— can distort your midsection into a large belly and prevent weight loss even with dieting and exercise.
- ✓ Learn how Hormone Imbalances can affect your sleep cycles, carbohydrate cravings, and fat burning.
- ✓ Learn why “Counting Calories” doesn’t work for belly fat.
- ✓ Learn the Biggest Mistake that people make with Exercise that prevents weight loss.
- ✓ LEARN WHAT REALLY WORKS for permanent loss of belly fat and bulges. Safely. Healthfully!

**Tired of what you see when you look in the mirror?**  
**All that dieting hype? Imagine your life without belly fat!**

**Limited Seating Available – CALL 727-330-3360 NOW!**